

join us for a  
**mystical**  
 weekend with  
 master kabbalist  
**laibl wolf**  
 author of  
 PRACTICAL KABBALAH



FRIDAY

AUGUST 24

7:00 PM

**BARE YOUR SOUL...**

Join Laibl for a gourmet dinner and a presentation on  
**The Kabbalah of Intimacy, Commitment, and  
 the World of 'User-Friendly' Relationships**

\$18 per person

RSVP required: 853-9200 or chabad@jewishidaho.com

**...NOT YOUR BODY**

shabbat  
 dinner

farbrenge

AUGUST 25

12:30 PM



Join Laibl for a delicious lunch kiddush and  
 a farbrenge (Chassidic gathering) with mystical  
 tales & tunes of restless souls

**WHEN THE SOUL  
 TRICKS THE MIND**

no charge

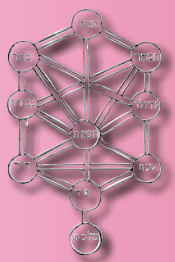
sponsored by Steve & Joline Israel

SHABBAT  
 AUGUST 25

SUNDAY

AUGUST 26

10:30 AM



**EXTREME MAKEOVER:  
 MYSTICAL EDITION**  
**BODY & SOUL: Are yours a good fit?**

Join Laibl for a journey through practical kabbalah

- ✦ Inner Balance & Outer Calm
- ✦ Ten Steps to Health and Balance
- ✦ Meditation Tools for Healing Thoughts and Feelings
- ✦ Food and Environment: Creating Spiritual Wholeness
- ✦ Dissolving Guilt and Neutralizing Anxiety
- ✦ Achieving Happiness and Fulfilment

\$10 per person

workshop

meditation  
**BONUS**  
 AUGUST 25  
 the art of  
 meditation  
 shabbat morning  
 9:00 - 10:00 AM  
 no charge

All events will be held at the  
**Chabad Jewish Center**  
 8707 W. State St., Boise, ID 83714

For more information call 853-9200  
 or visit [www.jewishidaho.com](http://www.jewishidaho.com)

Membership or affiliation is not necessary to attend.  
 Scholarships available. No one will be turned away for lack of funds.

